

Ladie's Room Suggested Guide

- I. Introduction
 - a. Facts and quotes
 - b. Overview of study guide
- II. Issues related to the film—short synopsis of each issue
 - a. Body Image—an issue both men and women face
 - b. Ladie's room as a "safe space"
 - i. Include research on women's performance in all women colleges and other environments
 - c. Men and women's communication styles
 - d. Progressive bathrooms
 - i. Gender roles and the LGBT community
 - ii. Co-ed bathrooms—i.e. Ally McBeal
 - e. Cultural role
 - i. Oral history that can be passed along
 - ii. Traditions—proms, makeovers, slumber parties, etc.
- III. Discussion ideas
 - a. Break into small groups and have each group read one of the topics above, then have each group discuss the topics. After the discussion, wrap –up by having ach group share a little of their conversation.
 - b. Have everyone put write down one question about the movie or the related topics and turn them in. Use the questions to facilitate discussion.
- IV. Activities
 - a. Body image activity
 - i. Quiz on eating behaviors/discussion
 - ii. Use current magazine ads aimed at both men and women to stimulate a discussion
 - iii. Share facts and statistics
 - iv. Share resources
 - b. He said/She Said Activity—see attachment
- V. Program/Advertising Ideas
 - a. Invite a speaker or panel to discuss any of the related issues
 - b. Use a bulletin board to both share facts and promote the viewing of the film
 - c. Post facts about body image in frequently used bathrooms along with ads for the viewing of the film
 - d. Invite faculty to attend, and ask professors or teachers to use this as a classroom activity or extra credit assignment
- VI. Resources
 - a. Books
 - b. Websites
 - c. Organizations